

Sexually Transmitted Diseases

Disease	Symptoms	Incubation	Transmission	Treatment	Prognosis
AIDS/ HIV	<i>Caution: Almost all the symptoms of AIDS are very general and could be signs of many other conditions. If you are concerned about any of these symptoms, please call an AIDS Hotline for additional information.</i> W&M: Rapid, unexplained weight loss, newly active TB, persistent, dry cough, night sweats, persistent diarrhea, swollen lymph glands, yeast in mouth, unexplained short term memory loss, colored patches, lumps in mouth on skin W: Common first symptoms: Recurrent PID, yeast certain pre-cancers of the cervix.	HIV virus 3-6 months; AIDS 2-10 years, average 5-7	Sexual activities that exchange body fluids. Blood contact, e.g. injection drug use with shared needles, infected mother to newborn	No known cure; AZT can slow infection for many people. Various treatments for other illnesses due to suppressed immune system	Serious illness; deadly
Bacterial Vaginosis	W: Vaginal discharge, odor, itching, burning M: No symptoms	Unknown	Usually vaginal intercourse. However, BV can occur in women who abstain	Oral antibiotics	Seriousness unknown, could play role in post-partum infection/ PID
Chlamydia	W: Vaginal discharge, irregular bleeding, irritation in urethra, PID symptoms, 2/3 have no symptoms. M: Penile discharge, itching, burning 1/3 have no symptoms	7-21 days	Vaginal, anal intercourse	Oral antibiotics, treat partners, use condom	PID for women; sterility. Epididymitis/ prostatitis, arthritis for men.
Crabs (Pubic Lice)	W&M: Itching, irritation in pubic region. Can often see louse in underwear or on body - about the size of a pinhead. Lice eggs take 1 week to hatch, 2 weeks to mature	Louse transmitted directly	Usually sexual intercourse, close body contact. Non-sexual transmission common; sharing infected bedding, towels, clothes	Topical lotion/ shampoo; Launder all infected objects	None serious, itching can continue after treatment
Gonorrhea	W: Vaginal discharge, irregular bleeding, PID symptoms; 1/4 to 1/2 have no symptoms M: Penile, anal discharge, burning, itching 5-10% have no symptoms	2-7 days	Vaginal, anal intercourse; oral-genital (throat infections for receiver of penis)	Oral antibiotics; treat partners, use condom	PID for women; sterility. Epididymitis/ prostatitis, arthritis for men.
Herpes	W&M: Before outbreak: itching tingling sensitivity in area, flu-like symptoms. Outbreak: Blister type sore breaks open to leave raw, painful area, scabs over. Occurs on mouth, penis, labia, vagina, cervix, and anus. Estimated that 2/3 herpes cases may be transmitted unknowingly during incubation, due to misdiagnosis, atypical symptoms, shedding of virus when some sores not present, visible.	5-21 days	Vaginal, anal intercourse. Oral-oral contact; oral-genital-anal contact. Actively infected mother to newborn	No known cure: oral acyclovir used to suppress frequent outbreaks. If sores are anal or if acyclovir does not control recurrences, get HIV test	Serious only for pregnant women; if first outbreak while pregnant, can cause premature delivery; recurrence during delivery, can infect newborn

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Molluscum Contagiosum	W&M: Small, shiny bumps with a cure, usually appear around genitals, thighs, buttocks, and lower abdomen	Several weeks	Sexual intercourse. Non-sexual transmission common; close contact	Liquid nitrogen or removal of sore with sterile needle	None serious, but often hard to get rid of
NGU (non-gonococcal urethritis)	M: Same as chlamydia, gonorrhea	7-21 days	Vaginal, anal intercourse.	Oral antibiotics, treat partners, use condom	See chlamydia/ gonorrhea
PID (Pelvic Inflammatory Disease)	W: Abdominal pain, discharge, fever, nausea, irregular bleeding. 50% have no symptoms	Depends on infecting organism	Vaginal intercourse	Oral antibiotics, no sexual activity, treat partners. If recurs frequently, get HIV test	Increased risk tubal pregnancy infertility, chronic pelvic pain
Scabies	W&M: Severe itching, red rash	Several days to weeks	Sexual intercourse. Non-sexual transmission common; close contact, sharing bedding, towels, clothing	Topical lotion/ shampoo; Launder all infected objects	None serious, but itching can be severe
Syphilis	W&M: Disease has three stages. 1st - Single, painless sore, crater-like with smooth, rounded edges. 2nd - Skin rash on back, stomach, hands, feet; flat, warty growths. 3rd - Severe damage to tissue, brain, nervous system	10-90 days; average 20-25 days	Vaginal, anal intercourse. Oral-genital contact. Infected mother to newborn	Penicillin by injection, always have HIV test	Serious for 30% who advance to stage 3, degeneration of major body systems, death, untreated pregnant women pass to newborn
Trichomonas	W: Vaginal discharge, burning, itching, odor. M: Penile discharge, burning, but rarely has symptoms	About 7 days	Vaginal, anal intercourse.	Oral antibiotics	None serious
Warts	W&M: Visible warts range from small slightly raised bumps to larger, rough textured bumps. Non-visible warts create changes in cell structure that can be seen only with certain clinical tests. May itch. Occur on penis, labia, vagina, cervix, anus. Estimated 40-60% are non-visible.	3 weeks to 8 months average, but can be up to 18-20 months	Vaginal, anal intercourse. Actively infected mother to trachea of newborn	No known cure for virus - warts do recur, specific wart infections can be treated by various methods depending on site and type of wart. If warts are anal, get HIV test.	Certain strains may increase risk of cervical cancer in women, not known if increase cancer risk for men
Yeast	W: White, clumpy vaginal discharge, itching, burning, and inflammation. M: Rash, irritation on penis from contact with partner's discharge	N/A	Partners do not become infected just affected by symptoms	Vaginal creams. If treatment does not control, have HIV test	None serious.